

Summer Squash & Arugula Salad

Serves 1

¼ lb. arugula

3 TBSP fresh basil

¼ tsp. pepper

1 tsp. olive oil

1 C. assorted summer squash

4 cherry tomatoes

3 TBSP. chopped walnuts

3 TBSP. feta cheese

In a small pan, dry toast the walnuts, set aside.

Thinly slice the squash and halve the tomatoes & sauté quickly in the olive oil. Sprinkle with the salt & pepper.

Toss arugula with a little white wine vinegar & olive oil and place on a plate. Top with the squash & tomato mixture and sprinkle cheese and walnuts on top.