

# Summer 2018 Schedule

Fee for Debbie's Classes: \$10.00 drop-in OR  
\$100.00 - 15 class punch card

Effective: June 5, 2018

	Motivation Monday	Try It Tuesday	Work It Wednesday	Tone Up Thursday	Fantastic Friday
8:00AM	Total Body Sculpt (Debbie)		Total Body Sculpt (Debbie)		
9:15AM		Men's FFG (Debbie)		Men's FFG (Debbie)	
10:30AM		Water Aerobics (Jon) \$10.00	Gentle Yoga & Stretch (Debbie)		
3:00PM	Stretch, Meditation, & Relaxation (Debbie)				