

# Summer 2019 Group Fitness Schedule

Fee for Debbie's Classes: \$10 Drop-In  
OR \$100.00 - 15 class punch card  
Effective: July 30th, 2019

**\*Please note: revised summer schedule due to Debbie's injury/limitations**

	Monday	Tuesday	Wednesday	Thursday
8:00 AM	Tabata Sculpt (Debbie)		Tabata Sculpt (Debbie)	
9:15 AM	Core, Sculpt, Stretch (Debbie)	Men's FFG (Debbie)	Core, Sculpt, Stretch (Debbie)	Men's FFG (Debbie)
3:00PM		Total Body Sculpt (Debbie)		